

plum market® foodservice



October 2021 Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
				Pepperoni Pizza served with Kale Caesar Zucchini and Squash Bananas Kale Caesar Salad	1 2
Beef Sloppy Joe served with Tater Tots Roasted Carrots and Cauliflower Apples Tabbouleh Salad	Chicken Enchilada Bake served with Steamed Corn and Peppers Watermelon Mexican Street Corn Salad	Pasta with Marinara Sauce served with Parmesan Breadsticks Broccoli Oranges Tuna Salad	Turkey Meat Loaf served with Mashed Potatoes Green Beans Turkey Gravy Apple Sauce Pasta Salad	No Lunch Service	8 9
Columbus Day School Closed	Chicken Tenders served with Buttered Noodles Squash and Zucchini Apples Tuna Salad	Pasta with Meat Sauce (Beef) served with Parmesan Breadsticks Broccoli Cut Fruit Broccoli Bacon Salad	Greek Style Drumsticks served with Lemon Potatoes Green Beans Bananas Greek Salad	Turkey Club Croissant served with Tater Tots Cauliflower and Carrots Oranges Caprese Salad	10
Meatball Sub (Beef) served with Italian Chopped Salad Kettle Chips Peas	Turkey Burrito served with Cilantro Lime Rice Mexican Style Zucchini Mixed Fruit	Macaroni and Cheese served with Green Beans Apples Turkey Dill Salad	Chicken Stir Fry served with Rice Steamed Asian Vegetables Oranges Asian Salad Mix	No Lunch Service	15 16
Beef Cheeseburger served with Sweet Potato Wedges Green Beans Apples Chicken Salad	Chicken Fajitas served with Spanish Rice Steamed Corn and Peppers Watermelon Cabo Corn Salad	Pasta with Marinara Sauce served with Parmesan Breadsticks Green Beans Bananas Caesar Salad	Oven Fried Chicken Drumsticks served with Mashed Potatoes Broccoli Apples Cole Slaw	Pancakes Scrambled Eggs served with Chicken Sausage Links Fresh Cut Fruit	17 23
25	26	27	28	29 30	24
					31